Dear Parents and Carers

Thank you to all those people who were able to attend the Bloke’s BBQ. It was a great success with lots of men and boys having a great time on the oval playing a variety of games. We even had the cooking of the eggs ‘down pat’ at the end.

We had an equally successful day on Friday with the Fun Day. Many thanks to all those parents who were able to help on the day.

This week sees our Rewards afternoons. Stage 3 will be Wednesday afternoon and the other Stages will be Thursday afternoon. We would like to congratulate all those students who are eligible to join in these activities; you have upheld our school values of being safe, respectful and responsible.

I would like to take this opportunity to thank all students and staff for their hard work and dedication over this term. A special thanks to all parents and carers for your support.

School returns for Term 4 on Tuesday 7th October after the long weekend. There is no Staff Development Day at the beginning of the term.

Have a safe and happy holiday!

Yours in Education
Karen Rayner
Relieving Principal

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PBL Focus: Initiative

Dear Parents and Carers

Enrolments for Kindergarten 2015 are now being taken. Children turning 5 on or before 31 July 2015 are now eligible to enrol.

Pyjama Day this Friday!!

Students are invited to wear their pyjamas this Friday 19th September. There are to be no singlets or strappy tops. Normal school shoes are to be worn. Each student dressed in pyjamas is asked to bring a gold coin donation. This will assist Year 6 and the KRC.

Uniform Shop News
Open Monday’s & Friday’s 9am-10am.

New Bucket Hats in stock, $18.50!!
Cash, cheque, eftpos or layby plan available.

If you have any second hand uniforms or shoes please consider donating them to our school.

Canteen News
Next term the canteen will be open 5 days a week. Monday, Thursday & Friday’s 9am - 2pm Tuesday & Wednesday’s only 11.25am - 2pm. On Tuesdays & Wednesdays only snacks and drinks can be purchased. No food will be cooked or lunches made.

Thank you to our wonderful volunteers this week, especially for all the help last Friday. It was very much appreciated.

Volunteers – If you are able to spare an hour or two please see Megan in the canteen.

Cheers, P & C
FATHERS DAY RAFFLE
Congratulations to our lucky raffle winners
1st prize $100 Home Timber & Hardware Voucher- Matt Simpson
2nd prize Car care pack with Voucher off next car service (BJE Mechanical) - Joss Stewart
3rd prize Placid Panda Massage - Merrilyn Borham
4th prize Car care pack (BJE Mechanical) - Kate

Thank you again to BJE Mechanical & Placid Panda Massage for their generous donations.

Parent Direct & Chalk Fundraiser
If you did not return your orders today please make sure you do so by the end of term as orders will be placed during school holidays.

P&C Meeting
The next P&C meeting is Tuesday 21st October 2014 in the School Library at 1.30pm. Everyone Welcome.

Year 6
Dear Parents/Guardians of Year 6 Students,
The commencement of the Year 6 Farewell slideshow has begun and I need your help! To make this a memorable keepsake of your child’s time at Muswellbrook South, it would be greatly appreciated if you could send in photos of your child that we can use for it. Photos from Kindergarten, school events, birthday parties or even when they were toddlers would be fantastic. Could you please place these photos in a zip lock bag, USB or CD case (for digital photos) with your child’s name on it. Photos will be returned once they have been scanned or downloaded. I will need these photos by the end of this Term.
Thank you for your co-operation,
Mrs Kenning

Healthy and easy ideas for breakfast!!
For kids – Breakfast is the most important meal of the day. Fill your tummy on these tasty and healthy options:
*Scrambled eggs on toast
*Egg omelette
*Boiled egg
*Cereal and milk
*Fruit
*Baked beans / spaghetti / creamed corn from a can on toast
*Cereal and yoghurt
*Yoghurt and tinned fruit
*Toast and spread of choice – vegemite / jam / cheese
*Milkshake / smoothie / milo

*It is not a healthy choice to be eating biscuits, lollies and chips in the morning. Fill your tummy with goodness.

THANK YOU FOR MAKING THE FUN DAY A SUCCESS!
Kindergarten and Stage 1 students had a great day at their Fun Day.
The weather was perfect and we had a fantastic turn out of parents, grandparents and friends who came to watch the children.
Congratulations to all of the students who participated keenly in the activities and to our senior students who assisted with the activities and gave lots of encouragement to the younger students.
A special thank you goes to the wonderful parent helpers who assisted on the day with judging, marshalling and pinning on ribbons. We could not make the day such a success without your help. Thank you also to the parents who came along to watch and cheer on the children.
Take a look at the photo gallery in our newsletter showing highlights from the day.

C. Avery (Fun Day coordinator)
KINDergarten and STAGE 1 FUN DAY
**The Fun Day by K/1W**

On the Fun Day I liked the egg and spoon race. I liked the sack race too. By Katie

On Friday we were Edinglassie. I liked the novelty events. By Corey

On the Fun Day I liked the running races. By Yazid.

On the Fun Day I was in Balmoral and I liked the sack race and I came third in the race. By Kayla

On this Fun Day I won the sack race and my team won the marching. I loved Gyarran. By Clayton

On Friday it was Fun Day. My team was Gyarran. By Jack

On Fun Day my team won the marching. My team was Gyarran. By Christian

On Friday we had Fun Day. My team was Skellatar. By Lacey
On Fun Day I won every race and my team was Balmoral. By Jorja

On Fun Day I liked the egg and spoon race. By Shannon

On Fun Day I was in Gyarran and I liked the sack races. By Georgia

On Friday we had a Fun Day and my team was Gyarran Green. My favourite was racing. By Bailey

On Fun Day I watched my sister run and I took photos of her. By Koby

On Fun Day I liked the races. My team was Edinglassie. By Harry

On Friday it was Fun Day. I had fun. By Bronty

On Friday my team was Balmoral. By Michael
A small jumper possibly belonging to a younger sibling spectating at the Infants Fun Day was handed into the school front office. If your child has misplaced a jumper please see the office to describe.

**Guest Speakers at MSPS – 15th September**

At our last assembly for this term, we were fortunate enough to have some very special guests come and have a chat about careers, and what is involved with achieving success at school. Mr Sandy Warburton from John Flood Estate Agents, Carmen from Carmen’s “A little taste of Italy’ Restaurant and two Police Officers from Muswellbrook Police discussed what career paths they had chosen, what their professions involved, and how school can help you achieve your goals. The students at Muswellbrook South Public School were engaged and appreciative of the guest speakers. They were exciting, interesting and very informative! Muswellbrook South Public School are very grateful to them all.

**English Muffin Egg Pizzas**

**Ingredients**

- 4 English muffins
- Olive oil
- Tomato slices
- 2 hard-cooked eggs, sliced
- Grated mozzarella
- Oregano
- Kosher salt

**Directions**

1. Make hard-cooked eggs.
2. Toast 8 English-muffin halves and place on a cookie sheet.
3. Drizzle each with olive oil, then layer on tomato slices, hard-cooked egg slices (1/2 an egg each), and a little grated mozzarella. Sprinkle with oregano and kosher salt.
4. Grill 5 minutes or until the cheese melts.

**Baked bean and cheese flat wraps**

**Ingredients**

- 400g can baked beans
- 1/2 cup grated cheese
- 4 lavish flatbreads

**Method**

1. Preheat sandwich press. Lay flatbreads on a clean board. Spread 1/4 of baked beans down centre of each bread. Top each with 1/4 cheese. Roll up flatbread wraps to enclose filling.
2. Cook in sandwich press for 2-3 mins until crisp and golden.

**Congratulations and best wishes to Mr Bellamy and Miss Brown who celebrate their marriage this weekend**
“Blokes Breakfast at South”

What a great morning! Sizzling bacon, selection of sauces, soft bread rolls, the sound of laughter, the sight of blokes and their kids with Mrs Rayner trying to master eggs on the barbeque.

Thank you to all of the staff at M.S.P.S and to all the “blokes” and family and friends who came along and joined us for breakfast. A successful union of school community and our wider community.
2014 SEPTEMBER TENNIS CAMP
Conducted by Dean Trembath Tennis coaching

WHEN:
Monday, Sept 29th - coaching & match play
Tuesday, Sept 30th - coaching & match play
Wednesday, Oct 1st - coaching & match play

Coaching: 9:00 am to 12:00 pm

WHERE: Olympic Park tennis Club

COST: Coaching - $20 per day or $50 for the 3 days

Enquiries: Contact Dean on (mob) 0412 735 113
Or email dkahanut@gmail.com

BOOKINGS ARE ESSENTIAL BEFORE SUNDAY SEPTEMBER 28TH

Upper Hunter Primary Schools
Sports Association
4 Man Ambrose Golf Day

Where: Muswellbrook Golf Club
When: Sunday 19th October
Time: 8am – Shotgun Start
Cost: $35 per player ($140 team) includes breakfast from 7.15am (Lunch not provided)
Loads of prizes to be won!!!

Email your entries by Friday 10th October to:
Jonathan.RUSSELL7@det.nsw.edu.au

Muswellbrook Amateur Athletic Club is calling for registrations for their upcoming 2014/2015 athletic season.
The season is run every Friday during the school terms commencing at 6pm.
This is a family fun club and welcomes all ages up to and including Grandparents.
A come and try night will be held on Friday 10th October at 6pm. A discount will be offered if paid on this night.
For more information ring Ian on 6547 9200.

HAVE A SAFE AND ENJOYABLE HOLIDAY.
STUDENTS RETURN TUESDAY 7th OCTOBER 2014.
DATES FOR THE DIARY – 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 September</td>
<td>Playgroup every Wednesday, 0-4 years in our School Hall from 10.00am until 12.00pm. All are welcome and there is no cost!</td>
</tr>
<tr>
<td>19 September</td>
<td>Kindergarten 2015 Information Session</td>
</tr>
<tr>
<td>7 October</td>
<td>Pyjama Day &amp; Last Day of Term 3</td>
</tr>
<tr>
<td>14 October</td>
<td>First Day of Term 4</td>
</tr>
<tr>
<td>17 October</td>
<td>Kindergarten 2015 Transition Commencing Tuesday 14th October Ending Tuesday 18th November</td>
</tr>
<tr>
<td>22 and 23 October</td>
<td>Stage 2 Dubbo Excursion</td>
</tr>
<tr>
<td>4 to 7 November</td>
<td>(Stage 3) Year 6 Canberra Excursion</td>
</tr>
<tr>
<td>5 to 7 November</td>
<td>(Stage 3) Year 5 Great Aussie Bush Camp</td>
</tr>
</tbody>
</table>

Before applying for the 2014-2015 Family Energy Rebate

- Lodge your tax return for 2013-2014 with the Australian Tax Office. If you are not required to lodge a tax return, inform the Federal Department of Human Services (DHS); and
- Receive confirmation from DHS as to your eligibility/relevant payment for Family Tax Benefit (FTB) A or B for 2013-2014; and
- Ensure the person who is eligible for FTB is the applicant for FER; and
- Be an account holder of an electricity retailer, or, a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

Am I eligible for the Family Energy Rebate?

To be eligible for the 2014-2015 NSW Family Energy Rebate, you must:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.
ARE YOU A DAD? ARE YOUR KIDS IN PRIMARY SCHOOL?

DO YOU WANT TO SPEND FUN, ACTIVE TIME WITH YOUR KIDS?

Join the FREE Healthy Dads, Healthy Kids program!

- International award winning healthy lifestyle program
- 9 x 90 minute weekly group sessions
- Dads, grandpas or any male role model of primary school aged kids are eligible to enrol
- Dads and kids spend quality time together to get fit and healthy
- Play fun rough and tumble games, sports and activities
- Get the latest nutrition advice and tips for improving family fitness
- Teaches kids sports skills (catching, throwing, kicking)
- Improves kids’ problem solving and leadership skills, builds resilience and self esteem
- Improves families’ eating habits, fitness, weight and quality of life
- Developed by researchers at the University of Newcastle
- Delivered by trained facilitators

“COMING TO MUSWELLBROOK IN TERM 4!”

“I cannot recommend this program enough.”
“Healthy Dads, Healthy Kids made me a better father.”
“The four of my kids and I had smiles and sore abs. The abs were from laughing so much!”

REGISTER NOW
Starting WEDNESDAY 8th Oct 2014. Time: TBA
Muswellbrook PCYC. Carl St, Muswellbrook
Sign up for the program at www.healthydadsandkids.com.au
or call the University of Newcastle team on 02 4921 6884
### Uniform Shop
Price list 2014

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls summer dress size 4-8</td>
<td>$47.50</td>
</tr>
<tr>
<td>Girls summer dress size 10-16</td>
<td>$50.00</td>
</tr>
<tr>
<td>Polo shirt with emblem</td>
<td>$25.00</td>
</tr>
<tr>
<td>Micro fibre shorts</td>
<td>$15.50</td>
</tr>
<tr>
<td>Boys grey shorts</td>
<td>$17.00</td>
</tr>
<tr>
<td>Micro fibre track pants</td>
<td>$28.50</td>
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<tr>
<td>Micro fibre jacket with emblem</td>
<td>$36.00</td>
</tr>
<tr>
<td>Micro fibre tracksuit as set with emblem</td>
<td>$60.00</td>
</tr>
<tr>
<td>V neck jumper with emblem</td>
<td>$23.00</td>
</tr>
<tr>
<td>Fleecy zip jacket with emblem</td>
<td>$25.00</td>
</tr>
<tr>
<td>Peter pan collar blouse</td>
<td>$19.50</td>
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<tr>
<td>Girls winter tunic size 4-8</td>
<td>$48.00</td>
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<tr>
<td>Girls winter tunic size 10-16</td>
<td>$53.00</td>
</tr>
<tr>
<td>Winter tights</td>
<td>$10.00</td>
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<tr>
<td>Boys grey long pants</td>
<td>$20.00</td>
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<tr>
<td>Dry and Cosy Jackets- parka with emblem</td>
<td>$45.00</td>
</tr>
<tr>
<td>School bucket hat with emblem</td>
<td>$18.50</td>
</tr>
<tr>
<td>Waterproof Library Bags with logo</td>
<td>$10.50</td>
</tr>
<tr>
<td>Scrunchies maroon pack of 2</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

*Please remember to label all clothing*

Thank you for your support!